



Affix Patient Label

Patient Name:

Date of Birth:

Informed Consent: Testopel® Pellet Insertion for Women

This information is given to you so that you can make an informed decision about having **Testopel® Pellet Insertion**.

Reason and Purpose of the Procedure:

Testopel® is a small testosterone pellet. It is inserted underneath the skin, below the waist. It delivers a slow, steady release of testosterone over 3 to 5 months.

The procedure is simple and takes less than 10 minutes in the office. An ice pack is placed on the site. A skin numbing medicine is injected under the skin. A small incision is made below your hip and the pellet is placed under the skin. Steri strips are placed on the incision to keep it closed.

This medicine is being used for post-menopausal women. It decreases menopausal symptoms and improves sexual desire in women who no longer have ovaries or have ovaries that aren't working. However, it is considered "off-label" meaning it is not yet approved by the FDA for this use.

Benefits of this procedure:

You might receive the following benefits. Your doctor cannot promise you will receive any of these benefits. Only you can decide if the benefits are worth the risk.

- Improved sleep
- Decreased mood swings
- Increased sex drive
- Increased bone density and muscle strength
- Decreased joint discomfort
- Decreased menopause symptoms such as hot flashes
- Increased energy

Risks of this procedure:

No procedure is completely risk free. Some risks are well known. There may be risks not included in the list that your doctor cannot expect.

There have been no consistent studies done to evaluate all the risks, especially for the rare development of certain cancers. Your doctor can discuss this with you.

Most side effects and risks are during the treatment. These effects go away after the pellets wear off.

Women who are pregnant or lactating should NEVER use this product as it can cause harm to the fetus or baby.

Known risks of this procedure:

- Abnormal hair growth on face and body
- Hair thinning
- Acne

Risks associated with smoking:

Smoking is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

Risks associated with obesity:

Obesity is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.



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Risks specific to you:

Alternative Treatments:

Other choices:

- Do nothing. You can decide not to have the procedure.

If you choose not to have this treatment:

- Your physician can discuss alternative treatments with you.

General Information:

During this procedure, the doctor may need to perform more or different procedures than I agreed to.

During the procedure the doctor may need to do more tests or treatment.

Students, technical sales people and other staff may be present during the procedure. My doctor will supervise them.

Pictures and videos may be done during the procedure. These may be added to my medical record. These may be published for teaching purposes. My identity will be protected.

My insurance company may not pay for this device or procedure. I know I am responsible for charges not covered by my insurance.

